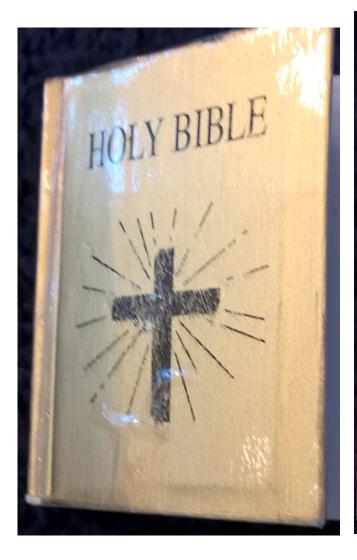
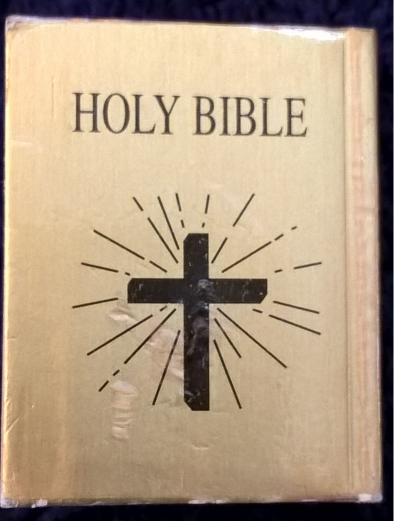
Microscopic Print Bible

TALLE





IN TRODUCTION

The name Genesis means "origin." The book tells about the creation of the universe the origin of human beings, the beginning of sin and suffering in the world, and about God's way of dealing with people. Genesis can be divided into two main pirts:

 Chapters 1- 11 The creabon of the world and the early hisory of the burgan race. Here are the accounts of Adam and Eve, Cain and Abel. Noah and the flood, and the Tower of Babylon.

2) Chapters 12-50 The history of the corlyancestors of the Israehtes. The tirst is Abraham, who was notable for hisfaith and his obedience to God. Then follow the stories of his son lsanc, and crandson Jacob (also called Israel), and of Jacob's twelve sons, the founders of the twelve tribes of Israel. Special attention is given to one of the sons. Joseph, and the events that brought Jacob and his other sons with their families to live in Egypt.

While this book lells stories about people, it is first and foremost an account of what God has done. It beam with the afirmation that God created the universe, and it ends with a promise that God will continue to show his concern for his people. Throughout the book the main character is God, who judges and punishes those who do wrong, leads and helps his people, and shapes their history. This andeni book was

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OUTLINEOFCONTENTS

Creation of the universe and of human beings 1.1-2.25 The beginning of sin and suffering 3.1-34 From Adam to Noah 41-5.32 Noah and the flood 6.1-10.32 The tower of Babylon 111-9 From Shem to Abran 11.10-32 The patriarchi: Abraham. Isaac, Jacob 12 1-35 20 The descendants of Faas 36,1-43 Joseph and his brothers 37 1-45.28 The Israelites in Egypt 46.1-50.26

The Story of Creation

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die Spint of God. or the power of God

2. Tension indicates imperfect relaxation; stare, effort, trying to see-these interfere with perfect vision.

3. Under strain one cannot imagine, remember, nor see perfectly.

- C. To read diamond print:
 - a. Hold the print not more than twelve inches from the eyes; then move it closer.
 - b. To eliminate staring, move the head and eyes while reading; also, move the card or book.

During the annual business meeting reports were presented by the treasurer, Mrs. Marsden, and by the secretary; both reports were encouraging, and urged the members to put forth, during the coming year, even greater effort to advance the work of the league. The following officers were elected for the ensuing year: President, Miss Kathleen E. Hurty; Vice President, Clinton E. Achorn, D.O.; Recording Secretary, May Secor; Corresponding Secretary, Mr. Nicholas A. Weiss; Treasurer, Mrs. William R. Marsden

Next Meeting of League

Miss Secor's report is very interesting and encouraging. Much benefit and helpful suggestions are received from these meetings, and the officers do their utmost to make the meetings pleasant.

The March meeting falls on the 11th, and we invite everybody to turn out, to make it the usual success.

Announcement

Due to a typographical error the January and February issues of the Better Eyesight Magazine quoted the bound volumes as being sold for \$3.00. This should have read \$3.50.

Catalogue of Other Publications

BETTER EYESIGHT MAGAZINE

Back numbers may be obtained here which contain articles on the cause and cure of the following defects: Myopia, Squint, Glaucoma, Cataract, Pain, Blindness, Presbyopia and Retinitis Pigmentosa.

These articles include instructions for treatment.

Bound Volumes

Each volume contains one year's issue of twelve magazines.

Price, \$3.50.

Burning Glass

If you notice a strain on your eyes, after emerging from a building into the sunlight, you need the Burning Glass. If the light feels uncomfortable, or if you cannot look up at the sun, the burning glass will help you. Instructions are issued on request.

If you need it, send for it today. Price, \$5.00.

Fine Print for Relaxation

The Bible has been reduced from \$4.00 to \$2.50. Read what Dr. Bates says about fine and microscopic type, then get a Bible. This unique book measures only one by one and a half inches, and contains the Old and New Testament.

The Booklet

of fine print contains three chapters from the small Bible, together with "The Seven Truths of Normal Sight" as discovered by Dr. Bates. Instructions are also printed in the front of the book.

Test Cards

These prove invaluable in practicing Dr. Bates' method. Instructions issued. Can be used to test the eyes, follow progress, and improve sight.

75c.---\$1.00.

The Question Mark

QUESTIONS AND ANSWERS

- QUESTION—When doing the swing, does one move the head or the eyes?
- ANSWER—The eyes are always moved; moving the head also may help.
- QUESTION-Does massaging help the eyes?

Answer-No.

- QUESTION—What causes the eyes to become bloodshot? How is it cured?
- ANSWER-The cause is strain. It is cured by relaxation.
- QUESTION—Is practicing under a strong electric light as beneficial as practicing in the sun?

ANSWER-It may be.

QUESTION--Is closing the eyes and resting them during business hours as efficient as palming?

ANSWER-Usually not.

QUESTION—Can one remember perfectly and see imperfectly?

Answer-No.

OUESTION-What is the quickest cure for imperfect sight?

ANSWER—Imagine something perfectly. If you imagine the white Snellen Test Card perfectly white, you'll see the letters perfectly black. If you see them perfectly black, you can tell what they are.

Other Publications

Reduction of Microscopic Bible

THE little fine print booklets were a remarkable success. So much so, that many of our book subscribers, and Doctor Bates' patients have written in requesting the same type, but more of it. In view of this fact, we have bought a large shipment of the Photographic reduction of the Bible, which contains the Old and New Testament.

We are now able to sell these for \$2.50 instead of the usual \$4.00. The book measures one by one and a half inches, and is bound in attractive morocco leather.

We have had additional copies of the following back numbers of the Better Eyesight Magazine printed. Until the supply is exhausted they may be purchased for 20c per copy instead of the usual 30c.

Aug., 1920—School Number	Apr., 1921—Presbyopia
Dec., 1920-Glaucoma-	July, 1921-Vice of Con-
Cause and Cure	centration
Feb., 1922-Pain - Cause	Aug., 1921-How to Help
and Relief	the Children
Mar., 1922-How to Help	May, 1922-Optical Swing
Blindness	June, 1922-Miscellaneous

Burning Glass

A strengthens weak eyes and improves the sight. Also applying the rays of the sun on the white of the cye two or three times a day great improvement can be noticed. Price \$5.00.

Bound Volumes of the Magazine

C ONTAINS one year's issue, including twelve magazines. Bound in serviceable leather, and is very attractive. Price \$3.00.

Snellen Test Cards

Better Eyesight

The Question Mark

Salt Lake City, Utah.

QUESTION—Am forty-nine years of age and have had to wear glasses for five years, due to gradual weakening of the eyes. Is this curable? S. J. Answer—Old age sight is curable, and you can discard your glasses by following the methods as outlined in the book, "Perfect Sight Without Glasses."

Chicago, Ill.

QUESTION—My father, eighty-three years old, has cataracts on both eyes. Can you help him? E. C. V. Answer—Without personal supervision, cataracts are very hard to cure. Would advise his coming to New York. I can cure him. In the meantime, read the chapters on Cataract in my book and he will get a great deal of relief.

New York City.

QUESTION—Why are books for small children printed in large type? P. E. S.

Answer-Because Boards of Education have not yet learned that it is a strain for anyone to look at big print and a relaxation to read fine print.

San Francisco, Cal.

QUESTION—I cannot gaze into the sun without discomfort. Do I do it incorrectly? K. Johnson.

Answer-Read Chapter XVII in the book. Do not gaze into the sun but at each side of it alternately. In this way you not only swing it, but allow the rays to shine on the eyes. This is a great benefit.

New York City.

QUESTION—Am practicing the methods in your book to cure myopia and astigmatism. Sometimes, for short periods, I see perfectly, then things fade away. Can you explain this? M. E. S.

Answer—This is what we call getting flashes of perfect sight. With continued practice these flashes will come more frequently and eventually will become permanent. Then you are cured.

Have You a Bible?

You all know fine print is beneficial. Do you practice reading it?

Doctor Bates has proven that by reading a few lines of very fine print daily you are giving your eyes the relaxing "exercise" that will tend to prevent many common defects.

We publish a Bible that is printed in microscopic type, and measures one by one and a half inches and contains the new and old Testament.

Many patients past fifty have learned to read this with ease.

Price \$4.00

Snellen Test Cards

THERE should be a Snellen test card in every family and in every school classroom. When properly used it always improves the sight even when sight is already normal. Children or adults with errors of refraction, if they have never worn glasses, are cured simply by reading every day the smallest letters they can see at a distance of ten, fifteen, or twenty feet.

Paper 50 Cents Cardboard (folding). 75 Cents Delivered

Back numbers BETTER EVESIGHT......\$.30 Bound vols., 1st, 2nd and 3rd years, each. 4.25 Photographic reduction of the Bible...... 4.00 Ophthalmoscopes, with and without Battery,

from	
Retinoscopes	4.00
Burning glasses	5.00
Burning glasses Reprints of articles by Dr. B	ates in other medical
journals: a limited number for	r sale. Send for list.

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